

Dojo Karate - Rogers 763-425-2900

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11:00 White thru Black ALL AGES Appointment Required		11:00 White thru Black ALL AGES Appointment Required		7:45 Adult Fitness Kickboxing Appointment Required Introductory Class
Graduation is the third Tuesday of the month, all classes cancelled All grad fees due before graduation. Hand and Foot Pads are required.					
Introductory Class 4:30 Mighty Dragons / Tigers	Introductory Class 4:30 Mighty Dragons / Tigers	Introductory Class 4:30 Mighty Dragons / Tigers	Introductory Class 4:30 Mighty Dragons / Tigers	Introductory Class 4:30 White thru Purple Belt EVERYONE	Sanitation Break
Sanitation Break	Sanitation Break	Sanitation Break	Sanitation Break	5:00 Blue & Above EVERYONE Arrive early to stretch	9:45 White, Gold & Green Juniors
5:15 Purple, ALL Blue & Red Juniors	5:15 Adv. Red & Above Juniors	5:15 White, Gold & Green Juniors	5:15 Purple, ALL Blue & Red Juniors	Sanitation Break	Sanitation Break
Sanitation Break	Sanitation Break	Sanitation Break	Sanitation Break	5:45 Grappling ALL Master's Club Members	10:30 Sparring Green & Above Juniors
6:00 White, Gold & Green Juniors	6:15 Purple, ALL Blue & Red Juniors	6:00 Adv Red & Above Juniors	6:00 White, Gold & Green Juniors	6:15 Kicks, Tricks & Tumbling ALL Master's Club Members	11:15 Character Building & Leadership ALL Master's Club Members
Sanitation Break	Sanitation Break	6:45 EXODUS & BO	Sanitation Break	Sanitation Break	11:45 WEAPONS ALL Master's Club Members
6:45 Adv. Red & Above Juniors	7:00 White, Gold & Green Juniors	7:00 Purple, ALL Blue & Red Juniors	6:45 Adv. Red & Above Junior SPARRING	7:00 Fitness Kickboxing ALL Master's Club Members	
7:30 EXODUS & BO	Sanitation Break	Sanitation Break	Sanitation Break		
7:45 White thru Black Belt ALL ADULTS	7:45 Curriculum & Kickboxing ALL ADULTS	7:45 White thru Black Belt ALL ADULTS	7:45 Curriculum & Sparring ALL ADULTS		

Effective March 1st, 2023

Mighty Tigers & Dragons
Ages 3-5yr

Basic Program
2 classes per week



Black Belt Earn your Black Belt someday!!



Master's Program

Unlimited Classes
Black Uniform
Weapons Training
Advanced Martial Arts Training
Leadership Training

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