



Dojo Karate Buffalo

763-684-1000

For Kids, For Adults, For Life!



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Head Instructor

Master Hourscht 6th Degree

Instructors

Mr. Hillukka 3rd Degree
 Ms. Emily Jarl 3rd Degree
 Ms. Schmidt 1st Degree
 Mr. Baumann 1st Dgree
 Mr. Blow 1st Degree

Team Members

Ms. Saewert 3rd Degree
 Mr. Cash Hourscht 2nd Degree
 Mr. Stoltenow 2nd Degree
 Ms. Strong 1st Degree
 Mr. Pecarina
 Mr. West
 Mrs. Hourscht

**Effective Date
 9/6/2022**

Kickboxing Instructors

Mrs. Stoltenow 2nd degree

4:15 All Mighty Dragons / Tigers
4:45 New Students/White Belts Juniors
5:15 Gold & Green Everyone
5:45 Purple & Blue Everyone
6:15 Kickboxing Juniors Masters Club
6:45 Red and Above Everyone
7:30 Kickboxing Adults Masters Club
8:15 All Adults / Family

4:15 All Mighty Dragons / Tigers
4:45 Purple / Blue Juniors
5:15 Junior Grappling Masters Club
5:45 Adult Grappling Masters Club
6:30 New Students Thru Green Juniors
7:00 Red and Above Juniors / All Adults
7:45 Sparring Adults

4:15 All Mighty Dragons / Tigers
4:45 Red and Above Everyone
5:30 Purple / Blue Juniors
6:00 New Students / White Belts Juniors
6:30 Gold / Green Juniors
7:00 Advanced Weapons Masters Club
7:30 All Adults / Family Adv. Brown / Black Belts

4:15 All Mighty Dragons / Tigers
4:45 Red and Above Everyone
5:30 New Students/White Belts Juniors
6:00 Gold / Green Everyone
6:30 Purple / Blue Juniors
7:00 Team Evo/Brown and Above Masters Club
7:45 All Adults/ Family

4:00 Intro / Private Class
4:15 Mighty Dragons / Tigers All
4:45 New Students thru Green Juniors
5:15 Purple / Blue Juniors
5:45 Tricks & Tumbling Masters Club
6:15 Red and Above / Adults Family

Grappling Class
Equipment Required
 Grappling Gi
 and Camo Belt

Kickboxing Class
Equipment Required
 Cardio Shirt, Karate Pants
 Belt, Kickboxing Gloves
 Hand Wraps and Foot Pads

9:00 Mighty Dragons / Tigers All
9:30 New Students/White/Gold Belts Juniors
10:00 Sparring Class Green & Above / Everyone
10:45 Leadership Masters Club
11:00 Weapons Class Masters Club
11:30 All Adults / Family

Masters Club
 Unlimited Classes
 Ground & Kickboxing Classes
 Advanced Weapons Training
 Advanced Sparring Training
 Black Uniform

Birthday Parties
 NOW TAKING RESERVATIONS
 Saturday and Sunday Dates
 2 Hours of private classroom fun
 We do the cleanup!
 See Office for details.

Graduation is held the 2nd Thursday of every month
No Evening Classes that Day
 Grad fees must be paid before graduation
 Hand and foot pads are required at graduation

Like us on Facebook - Dojo Karate Buffalo
 Follow us on Instagram - @dojokarate.buffalo

www.dojokarate.com